

ARES GO-KITS CHECKLIST

Day Pack

Kept in vehicle, ready for immediate use.

- _ Radio, Handheld, 2m/70cm
 - _ Antenna, flexible, extended-range, dual-band
 - _ Microphone/Speaker, external
 - _ Battery Pack, Rechargeable (3)
 - _ Charger, Battery, for handheld radio
 - _ Battery Pack, non-rechargeable for radio
 - _ Spare Batteries, AA (2 sets)
 - _ Belt Clip
 - _ Cable, handheld radio external 12Vdc power, w/ PowerPole connector
 - _ Cable, antenna adapter, as appropriate for the handheld
- _ Binoculars, compact, 8 x 35
- _ Flashlight, high-intensity LED
 - _ Spare Lamp Assy, Flashlight
 - _ Spare Batteries, Flashlight (3 sets)
- _ Manual, ARES Field Resources
- _ Maps,
 - _ Map, Forsyth County, laminated
 - _ Map, North Carolina, laminated
 - _ Map, Surrounding Counties (Davie, Davidson, Yadkin, Stokes, Gilford), laminated
- _ Multi-Tool, Leatherman Core
- _ Paper, waterproof notebook, 4½" x 7"
- _ Pen, rolling ball, blue or black (2)
- _ Pen, Sharpie marker, black
- _ Whistle
- _ Cable Ties, nylon, UV-resistant, asstd.
- _ Rope, 1/8" nylon (50 ft)

Food and Water:

- _ Money, \$30 (5 in \$1's, 2 in \$5's and 1 in \$10's)
- _ Snacks (Almonds, trail mix, etc—rotate periodically to keep fresh)
- _ Water, bottled, 0.5 L (2)

Clothing and Protective Gear:

- _ Ear Plugs, disposable (2 pr)
- _ Gloves, leather
- _ Goggles, safety, impact-resistant
- _ Hat, roll-up
- _ Mask, dust (2)
- _ Outer Shirt, pullover, wind-resistant
- _ Vest, safety, yellow w/ reflective stripes (ANSI Approved)

Personal Items:

- _ Eyeglasses, prescription
- _ Lip Balm
- _ Lotion, hand sanitizer, waterless
- _ Meds, prescription (full daily doses)

ARES GO-KITS CHECKLIST

_ Sunscreen, SPF-35

First Aid Kit:

- _ Blanket, emergency, mylar, 56" x 84"
- _ Clippers, nail
- _ Mirror, steel
- _ Tweezers
- _ Bag, Ziploc, quart
- _ Blade, razor, single edge
- _ Dressing, adhesive, finger (2)
- _ Dressing, adhesive, knuckle (2)
- _ Dressing, adhesive, 2" x 3" (2)
- _ Dressing, adhesive, 3" x 4" (2)
- _ Dressing, adhesive, strip (10)
- _ Dressing, gauze pad, 3" x 4" (2)
- _ Matches, wind- and water-proof
- _ Moleskin, 3" x 4" (4 sht.)
- _ Safety Pin (2)
- _ Tablets, anti-diarrhea, Imodium A-D
- _ Tablets, acid reducer, Zantac 75
- _ Tablets, Ibuprofen 200 mg
- _ Tape, first aid, 1" cloth
- _ Towelette, hand sanitizer (4)

ARES GO-KITS CHECKLIST

24-Hour Kit

Designed to supplement the Day Pack, may also be kept in vehicle.

- _ Radio, Handheld, 2m/70cm (Spare if desired)
 - _ Antenna, OEM
 - _ Battery Pack, rechargeable
 - _ Charger, Battery – for radio
- _ Blanket, nylon, fleece-lined, 48" x 56"
- _ Cup, steel, canteen
- _ Poncho, nylon
- _ Towel and washcloth
- _ Bag, Trash, 33 gal. (2)
- _ Bag, Ziploc, asstd.
- _ Toilet Tissue, roll
- _ Towelette, hand sanitizer, pack

Food and Water:

- _ Meal, Ready-to-Eat (3)
- _ Heater, catalytic, MRE (3)
- _ Water, bottled, 0.5 L (8)

ARES GO-KITS CHECKLIST

72-Hour Kit

Designed to supplement the Day Pack and 24-Hour Kit. Kept at home ready to deploy.

- _ Blanket, microfiber, 50" x 60"
- _ Lantern, LED
- _ Spare Batteries, D (4)
- _ Sewing kit, personal
- _ Towel, bath
- _ Bag, Trash, 33 gal. (2)
- _ Bag, Ziploc, asstd.
- _ Batteries, AA (48)
- _ Batteries, AAA (16)
- _ Mask, dust (2)
- _ Rope, 1/8" nylon (100 ft)
- _ Toilet Tissue (2)
- _ Towelette, hand sanitizer, pack
- _ Utensils, disposable plastic (6 sets)

Food and Water:

- _ Meal, Ready-to-Eat (6)
- _ Heater, catalytic, MRE (6)
- _ Water, bottled, 0.5 L (18)

Clothing:

- _ Sandals, shower
- _ Shirt, short sleeve, pocket-T (2)
- _ Shirt, short sleeve, polo (2)
- _ Shirt, sweat-suit, medium-weight
- _ Socks, athletic, cotton, white (3 pr)
- _ Socks, boot, wool/nylon blend (2 pr)
- _ Trousers, hiking shorts
- _ Trousers, rip-stop cotton (2)
- _ Trousers, sweat-suit, medium-weight
- _ Underwear (3)
- _ Underwear, thermal, shirt
- _ Underwear, thermal, trousers

Personal Items:

- _ Comb
- _ Dental Floss
- _ Dental Picks
- _ Ear Plugs, disposable foam (5 pr)
- _ Lip Balm, Carmex
- _ Lotion, antiperspirant
- _ Lotion, hand sanitizer, waterless
- _ Lotion, sunscreen
- _ Medications, prescription (3 daily doses)
- _ Mirror, 3" x 5"
- _ Mouthwash

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- _ Shampoo
- _ Soap, bath
- _ Swabs, cotton
- _ Toothbrush
- _ Toothpaste

First Aid Kit:

- _ Can Opener
- _ Clippers, nail
- _ Fire Starter, magnesium
- _ Magnifier, hand, 10-power
- _ Handbook, emergency
- _ Scissors, bandage, small
- _ Tweezers
- _ Bag, Ziploc, quart
- _ Bandage, butterfly closure, large (6)
- _ Bandage, gauze roll, 3" x 5 yd
- _ Bandage, liquid, first-aid, antiseptic
- _ Bandage, triangular
- _ Blade, razor, single edge
- _ Dressing, adhesive, 2" x 3" (5)
- _ Dressing, adhesive, 3" x 4" (3)
- _ Dressing, adhesive, finger (3)
- _ Dressing, adhesive, knuckle (3)
- _ Dressing, adhesive, strip (10)
- _ Dressing, eye
- _ Dressing, gauze pad, 3" x 4" (3)
- _ Dressing, gauze sponge, 4" x 4" bulk
- _ Gloves, examination, vinyl (2 pr)
- _ Matches, wind and water proof
- _ Moleskin, 3" x 4", (3)
- _ Pin, safety, asstd.
- _ Solution, Iodine
- _ Splint, wire, small
- _ Tablets, acid reducer, Zantac 75
- _ Tablets, anti-diarrheal, Imodium A-D
- _ Tablets, Ibuprofen 200 m

ARES GO-KITS CHECKLIST

Office Kit

May be carried in vehicle or stationed at home. Kit contains operational references, assorted office supplies, and a supply of forms useful for maintaining a base or portable communications station.

- _ Emergency cell phone charger
- _ Spare Batteries, AA (4)
- _ Clipboard, Aluminum
- _ Flashlight, LED
 - _ Spare Batteries, (1 set)
- _ Map Book
 - _ Forsyth County
 - _ Davie County
 - _ Davidson County
 - _ Yadkin County
 - _ Stokes County
 - _ Gilford County
 - _ North Carolina State
- _ Pen, highlighter, yellow (2)
- _ Pen, rolling ball, blue (2)
- _ Pen, Sharpie marker, black (2)
- _ Scissors
- _ Stapler
- _ Staples
- _ Envelope, 9" x 12" (2)
- _ Paper, stenographer's pad, 6" x 9"
- _ Paper, Post-It note pad, 3" x 3"
- _ Paper clips, asstd.
- _ Rubber bands, asstd.
- _ Tablets, Ibuprofen 200 mg
- _ Tape, cellophane, ½"

Food and Water:

- _ Water, Bottled, 0.5 L (2)

Information Binder:

- _ Emergency Reference Information, FSD-255
- _ FCC Licenses, Amateur Radio/GMRS (copies)
- _ Driver's License (copies)
- _ ARRL/FEMA Course Certifications (copies)
- _ US Amateur Radio Band/HF Band Charts
- _ Numbered Radiograms, FSD-3
- _ Formal Messages, FSD-218
- _ Communication Procedures, FSD-220
- _ Radio Programming Chart
- _ Forsyth County ARES Frequency Chart
- _ Forsyth County ARES Operations Manual

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Forms:

- _ ICS 205—Incident Radio Communications Plan
- _ ICS 205-A—Communications List
- _ ICS 213—General Message
- _ ICS 216—Radio Requirements Worksheet
- _ ICS 217—Radio Frequency Assignment Workbook
- _ ICS 309—Communications Log
- _ ARC 2079H—Amateur Radio Operator Intake
- _ Damage Assessment Report
- _ Net Control Sheet
- _ Radiogram, ARRL NTS format

Computer

This is the computer I use to run Packet and PSK-31; usually kept at home.

- _ Computer, laptop or notebook, w/ Li-Ion battery
- _ Power Supply, 110Vac, w/ power cable for computer
- _ Mouse, optical, USB, w/ mouse pad
- _ Adapter, USB to RS-232 interface
- _ Cables and adapters as appropriate for your system
- _ Cable, network, Ethernet Cat-5, 6 ft
- _ Cable, telephone, 6 ft
- _ Cable, USB to mini-USB
- _ Inverter, 110Vac, 350W, w/ Power-Pole connector

ARES GO-KITS CHECKLIST

Radio Kit, VHF/UHF FM Phone/Digital

May be carried in vehicle or stationed at home. This kit provides portable voice or digital capabilities wherever needed.

- _ Radio, 2m/70cm
 - _ DTMF microphone
- _ Terminal Node Controller
 - _ Cables for TNC
- _ Cable, 12Vdc power, w/ PowerPole connector
- _ Antenna, 2m/70cm, 5/8-wave
- _ Antenna Mount, magnetic, NMO w/ 12 ft RG-58
- _ Cable, 12Vdc power, w/ PowerPole connectors, 6 ft
- _ Cable, coaxial, RG-8X, 25 ft, w/ couplers
- _ Cable, HT external 12Vdc power, w/ PowerPole connector
- _ Clock, battery powered
 - _ Spare Batteries, (1 set)
- _ Headphones, lightweight
- _ Adapter, audio, 1/8" stereo jack to 1/8" mono plug
- _ Light Strip, LED, 12Vdc, w/ 6 ft power cable and PowerPole connector
- _ Manuals, for radio and equipment
- _ Power Distribution Panel
- _ Power Supply, 13.8Vdc @ 25A
- _ Cable, 110Vac power
- _ Cable, 12Vdc power output, w/ PowerPole connector

Parts Kit:

- _ Cable Ties, nylon, UV-resistant, asstd.
- _ Fuses, asstd.
- _ PowerPole connectors
- _ PowerPole to OEM radio power adapter
- _ RF adapters and couplers, asstd.

Radio Kit, HF

Although the HF radio is not kept in this kit, the other items are pre-staged in a padded athletic-type bag. All that is needed is to unplug the radio at home, toss it the bag, deploy.

- _ Radio, Portable, HF (May be an all band/mode radio)
- _ DTMF microphone
- _ Power Supply, 110Vac
- _ Tuner, HF antenna (unless internal within radio)
- _ Cables, interconnection (CAT/Auto-Tune/Coax)
- _ Cable, 110Vac power
- _ Cable, 12Vdc power, w/ PowerPole connector
- _ Cable, Control and interconnect as appropriate for your system
- _ HF Frequency/Band reference chart
- _ Manual, Radio, quick reference
- _ Spare Fuse (2)

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Tool Bag

May be your everyday electronics tool kit, which should be kept neatly organized so that it's available for field operations.

- _ Antenna/SWR Analyzer (if available)
 - _ Spare Batteries, (as appropriate, at least 1 spare set)
- _ SWR Wattmeter, HF/144/440
- _ Cable, coaxial, RG-8X, 3 ft (Qty 2)
- _ Multimeter, digital
 - _ Spare Battery, 9V
- _ Cable Stripper, coaxial, RG-8
- _ Flashlight, LED
 - _ Spare Batteries, for flashlight (2 sets)
- _ Knife, utility
 - _ Spare Blades
- _ Knife, X-Acto #1
 - _ Spare Blades, #11
- _ Pliers, bent needle-nose, 4"
- _ Pliers, crimping, PowerPole
- _ Pliers, crimping, wire terminal, w/ wire stripper
- _ Pliers, diagonal cutting, 4"
- _ Pliers, diagonal cutting, 7"
- _ Pliers, lineman's side-cutting, 7"
- _ Pliers, long needle-nose, 4"
- _ Pliers, needle-nose, 4"
- _ Screwdriver, mini-tip, Phillips/flat tip, set of 4
- _ Screwdriver, Phillips, #2
- _ Soldering Iron, 25W, 110Vac
- _ Soldering Iron, resistance tip, battery powered
 - _ Tip, resistance, asstd.
 - _ Spare Batteries, AA (4)
- _ Adhesive, cyanoacrylate
- _ Adhesive, 5-minute epoxy
- _ Cable Ties, nylon, UV-resistant, asstd.
- _ Cable Ties, Velcro
- _ Connectors, PL-259, w/ RG-58/8X adapter, asstd.
- _ Sealant, "liquid electrical tape"
- _ Solder, lead-free, 0.030"
- _ Tape, duct, heavy-duty, 1.88"
- _ Tape, electrical, PVC, 3/4"
- _ Terminals, crimp-on, PowerPole, asstd.
- _ Terminals, crimp-on, ring, asstd.
- _ Wire, #10 AWG, 2-cond. (20 ft)
- _ Wire, #16 AWG, 2-cond. (20 ft)

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15-ft Antenna Mast Set

This portable mast set with tripod yoke is used for VHF/UHF communications.

- _ Mast, sectional, aluminum, 1.88" x 44", keyed (4)
- _ Leg sections, w/ anchor eyebolts (3)
- _ Leg extension, 2 ft
- _ Leg extension, 1 ft
- _ Antenna, 2m/70cm J-pole, w/ SO-239 connector
- _ Hose Clamp, adjustable (2)
- _ Stake, tripod anchor, 10" (4)
- _ Tripod Yoke, aluminum, for 1.88" dia. Mast
- _ 10 ft nylon paracord (3)
- _ Stakes (3)
- _ Sandbag, pre-filled (3) (Stored separately) incase mast cannot be staked down

35-ft Antenna Mast Set

This portable mast set is used with the tilt-up base, guys, and wire antenna from the Antenna Setup Kit to rig an HF antenna.

- _ Mast, sectional, aluminum, 1.88" x 44", (9)
- _ Mast, top section, aluminum, 1.88" x 24"
- _ Ground Rod, copper, 4 ft, w/ cable clamp

Emergency Power Equipment

This equipment is not normally cached, and must be gathered as needed
(Suggested as appropriate to your system)

- _ Battery, 12V, 105 AH, deep cycle
- _ Pigtail, equipment power, w/ 30A PowerPole connector
- _ Pigtail, battery paralleling, #4 AWG, w/ 175A PowerPole connector
- _ Battery, 12V, 60 AH, SLA, w/ built-in 1500W Inverter and cigarette lighter socket
- _ Adapter, cigarette lighter plug to PowerPole connector
- _ Pigtail, equipment power, w/ 30A PowerPole connector
- _ Pigtail, battery paralleling, #4 AWG, w/ 175A PowerPole connector
- _ Charger, multi-stage, 5A, w/ PowerPole connector
- _ Generator, gasoline engine, 2kW, 110Vac
- _ Chain and padlocks, for securing generator
- _ Drip Tray, 18" x 24"
- _ Container, Gasoline, 2 gal. (2)

Gear Bag:

- _ Adapter, cigarette lighter socket to PowerPole connector
- _ Cable, 12Vdc extension, w/ PowerPole connectors, 10 ft
- _ Cable, 12V battery charging, w/ generator connector)
- _ Charger, multi-stage, 5A, Deltran BT-Power, w/ PowerPole connector
- _ Motor Oil, 10W-30, w/ squirt bottle (for generator)
- _ Spark Plug (for generator)
- _ Wrench, spark plug (for generator)

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Antenna Setup Kit

This kit has all the tools and parts needed to set up and guy the 35-ft antenna mast, as well as a stock of feedline.

- _ Antenna, 40/80m Inverted-V dipole, w/ SO-239 center connector and end insulators
- _ Base Plate, tilt-up, for 1.88" mast, w/ ground lug
- _ Stake, base plate anchor, 10" (4)
- _ Guy Assy, Upper, w/ guy ring and (4) sets of 1/4" nylon rope x 45 ft, threaded link and Line-Grip
- _ Guy Assy, Lower, w/ guy ring and (4) sets of 1/4" nylon rope x 33 ft, threaded link and Line-Grip
- _ Guy Extender, 1/4" nylon rope x 10 ft, snap link and Line-Grip (2)
- _ Stake, guy anchor, 18 in, w/ eyebolt & snap link (6)
- _ Adapter, 110Vac, multiple-outlet
- _ Cable, 110Vac extension, 15A Heavy-Duty, 50 ft
- _ Feedline, coaxial, RG-8, w/ ferrite choke, 40 ft (2)
- _ Feedline, coaxial, RG-8, w/ ferrite choke, 33 ft
- _ Feedline, coaxial, RG-8, 33 ft, w/ coupler (3)
- _ Hose Clamps, adjustable (3)
- _ Snap links and threaded links, asstd.
- _ Wire, ground, #4 AWG, green, 40 ft
- _ Cable Ties, nylon, UV-resistant
- _ Rope, UV-resistant Dacron, 3/16" (100 ft)
- _ Tape, duct, heavy-duty, 1.88"
- _ Tape, safety marking, high-visibility
- _ Tape, electrical, PVC, 3/4"
- _ Towel, pre-moistened washcloth (4/pkg)

Tools:

- _ Gloves (2 pr)
- _ Hammer, 4 lb.
- _ Nut Driver, 5/16"
- _ Nut Driver, 3/8"
- _ Pliers, lineman's side-cutting, 9"
- _ Pliers, needle-nose, w/ side cutter and crimper, 6"
- _ Screwdriver, flat, 1/4"
- _ Screwdriver, Phillips, #1
- _ Screwdriver, Phillips, #2
- _ Wrench, adjustable, 8"

ARES GO-KITS CHECKLIST

Additional Gear

These items are not normally cached, and must be gathered as needed.

- _ Belt clip
- _ Bracket, car-mount
- _ Cable, 12Vdc power
- _ Spare Batteries, AA (2)
- _ Canopy, pop-up shade, w/ carrying bag
- _ Rope, guy, 1/8" nylon, 12 ft (4)
- _ Sandbag, canvas (4)
- _ Stakes, leg anchor (4)
- _ Chair, folding, w/ carrying bag (2)
- _ Cooler, ice, 7-qt (2)
- _ Cooler, ice, wheeled, 60-qt. (2)
- _ Heater, propane, portable, indoor-safe, 9000 BTU/hr, w/ carrying case
- _ Adapter Hose, propane, for connecting 20-lb. cylinder, 12 ft.
- _ Cylinder, propane, disposable, 1 lb. (12)
- _ Cylinder, propane, 20-lb.
- _ Knife, 3.75" folding lock blade, w/ sheath
- _ Lantern, florescent
 - _ Spare Batteries, (2 sets)
- _ Lantern, propane
- _ Cylinder, propane, disposable, 1 lb. (12)
- _ Lighter, butane
- _ Mantle, replacement (2)
- _ Mattress, self-inflating, Therm-a-Rest
- _ Pillow, w/ pillowcase
- _ Shovel, round nose
- _ Sleeping Bag, mummy
- _ Table, folding, 24" x 48"
- _ Medical Equipment

Seasonal Clothing:

- _ Balaclava, fleece, gore-tex, black
- _ Coat, parka, Gore-Tex
- _ Footwear, boots
- _ Gloves, pile, wind proof, black
- _ Sweater, pullover, fleece

ARES GO-KITS CHECKLIST

In-Vehicle Equipment

Vehicle Storage Compartments Should Be Identified

- _ Cable, 12Vdc extension, w/ lighter plug
- _ Cable, cellular telephone 12Vdc power (glove compartment)
- _ Compressor, tire inflator, 12Vdc
- _ Fire Extinguisher, dry chemical, A-B-C (rear) 10Lb minimum
- _ Flashlight, LED, aluminum, 3-cell (driver)
 - _ Spare Batteries (3)
- _ Jack, w/ crank handle
- _ Tie-downs, Elastic "Bungie", asstd.
- _ Wrench, tire lug, folding
- _ Lotion, hand cleaner, waterless
- _ Lotion, sunscreen
- _ Oil, Motor, 1 qt.
- _ Rope, 1/8" Nylon (50 ft)
- _ Toilet Paper, 3 rolls

Trunk Bag:

- _ Blanket, nylon, fleece-lined, 48" x 56"
- _ Cable, automotive jumper
- _ Gloves
- _ Bag, Trash, 33 gal. (4)
- _ Bag, Ziploc, asstd.
- _ Lamp and Fuse Kit
- _ Light stick, chemical (4)
- _ Rope, nylon, 3/8" (75 ft)
- _ Tape, duct, heavy-duty, 1.88"
- _ Tissue Paper, packets (4)
- _ Towels, paper

First Aid Kit (kept in Trunk Bag):

- _ Manual, first aid
- _ Mirror, steel, 3" x 5"
- _ Scissors, bandage
- _ Tweezers
- _ Bandage, butterfly closure, large (4)
- _ Bandage, elastic, 3"
- _ Bandage, gauze roll, 2" x 5 yd
- _ Bandage, gauze roll, 3" x 5 yd
- _ Bandage, gauze roll, 4.5" x 4 yd
- _ Bandage, liquid, first-aid, antiseptic
- _ Bandage, triangular
- _ Blade, razor, single edge (8)
- _ Blanket, thermal mylar, 56" x 84"
- _ Cup, paper (2)
- _ Dressing, adhesive, 3/4" strip (10)
- _ Dressing, adhesive, antibiotic, 3/4" strip (10)
- _ Dressing, adhesive, 1" strip (10)
- _ Dressing, adhesive, 2" x 3" (8)

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- _ Dressing, adhesive, 3" x 4" (4)
- _ Dressing, adhesive, finger (5)
- _ Dressing, adhesive, knuckle (5)
- _ Dressing, eye pad (2)
- _ Dressing, gauze combine, 8" x 10"
- _ Dressing, gauze field, 16" x 29"
- _ Dressing, gauze sponge, 4" x 4" (4)
- _ Dressing, gauze sponge, non-stick, 3" x 4" (5)
- _ Gloves, examination (2 pr)
- _ Lip Balm, Carmex
- _ Lotion, hand sanitizer, waterless
- _ Lotion, sunscreen, SPF-30
- _ Mask, face, gauze
- _ Matches, wind and water proof
- _ Moleskin, 3" x 4" (3)
- _ Solution, iodine
- _ Splint, wire, small
- _ Tablets, acid reducer, Zantac 75
- _ Tablets, anti-diarrheal, Imodium A-D
- _ Tablets, ibuprofen, 200 mg
- _ Tape, first aid, 1" cloth

Tool Kit (kept in Trunk Bag):

- _ Awl, 4"
- _ Brush, battery terminal
- _ Cutter, diagonal, 7"
- _ Knife, utility
 - _ Spare Blades
- _ Knife, X-Acto #1
 - _ Spare Blades, #11
- _ Pliers, adjustable-joint, 7"
- _ Pliers, adjustable-joint, 9"
- _ Pliers, needle-nose, w/ side cutter, 6"
- _ Screwdriver, #0 Phillips
- _ Screwdriver, #2 Phillips
- _ Screwdriver, 1/4" flat
- _ Screwdriver, 1/8" flat
- _ Socket set, metric, w/
 - _ Ratchet, 3/8" drive
 - _ Adapter, 3/8" to 1/4"
 - _ Universal Joint, 3/8" drive
 - _ Extension, 3", 3/8" drive
- _ Wrench, adjustable, 10" (2)
- _ Adhesive, thread-locking
- _ Cable Ties, nylon, UV-resistant, asstd.
- _ Tape, electrical, PVC, 3/4"

ARES GO-KITS CHECKLIST

Evacuation Kit

Kept in Trunk Bag

- _ Candle, emergency (3)
- _ Cards, playing
- _ Cup, steel, canteen
- _ Filter/Pump, water purification
- _ Tablets, water purification (30)
- _ Flashlight, LED, w/ lantern wand
 - _ Spare Batteries, (2 sets)
- _ Knife, 3" blade, w/ sheath
- _ Manual, first aid
- _ Matches, wind-and-waterproof
- _ Money, \$30 cash (5-\$1's, 2-5's and 1-\$10)
- _ Paper, journal notebook
- _ Pen, highlighter, yellow
- _ Pen, rolling ball, blue or black (2)
- _ Pet Supplies: (As appropriate)
 - _ Dish, pet food and water
 - _ Litter Tray, 12" x 18"
 - _ Liner, litter tray, disposable (2)
 - _ Scoop
 - _ Litter, pre-measured bags (2)
- _ Receiver, AM/FM, battery-operated or hand cranked
 - _ Spare Batteries, AA Lithium (2)
- _ Saw, hand, wire blade
- _ Clothing as appropriate to the season (at least)
 - _ Shirt, short sleeve (2)
 - _ Shirt, sweat-suit, medium-weight
 - _ Socks, cotton (3 pr)
 - _ Trousers, denim (2 pr)
 - _ Underwear (2 pr)